

# Exponil

Guaifenesin BP + Levomenthol BP + Diphenhydramine HCl BP  
Expectorant (Cough and Cold Preparation)

## Composition

**Exponil Syrup:** Each 5 ml syrup contains Guaifenesin BP 100 mg, Levomenthol BP 1.1 mg & Diphenhydramine Hydrochloride BP 14 mg.

## Pharmacology

This preparation is a mixture of expectorant, decongestant and antihistamine. Guaifenesin is an expectorant. It helps to loosen mucus in chest and throat caused by common cold, infections, or allergies. Levomenthol helps to breathe more easily by relieving congestion. Diphenhydramine is an antihistamine that reduces the effects of natural chemical histamine in the body. It is used to treat sneezing, runny nose, watery eyes, hives, skin rash, itching & other cold or allergy symptoms.

## Indication

**Exponil** is indicated for the symptomatic relief of upper respiratory tract disorders accompanied by productive cough.

## Dosage and Administration

12 years and above: 10 ml 4 times a day

## Contraindications

This combination is contraindicated in patients with a known hypersensitivity to Guaifenesin, Levomenthol or Diphenhydramine. If Monoamine Oxidase Inhibitors (MAOIs) have been taken in the last two weeks this combination should not be taken. This combination is not suitable for children under 12 years of age.

## Precautions

Patients suffering from liver, kidney & prostate problems should avoid this combination. Alcohol must be avoided. If any other medicines like minor Tranquilisers, Barbiturates, Codeine are taken, caution should be exercised. Patients taking this combination need to be careful while driving or operating machinery.

## Warning

Prescription only Medicine. To be used as directed by the physician.

## Side effects

The adverse effects have been reported with the use of clindamycin are- abdominal pain, oesophagitis and oesophageal ulcer, nausea, vomiting and diarrhoea, pruritus, skin rashes, urticaria.

## Use in Special condition

There are no specific data on use of this combination during pregnancy & lactation.

## Overdose

The effects of acute toxicity from Aquaphen may include drowsiness, irritability, restlessness, lethargy, dizziness, gastrointestinal discomfort, respiratory depression, convulsion, tremor, tachycardia and hypertension. In case of overdose, necessary measures should be taken to maintain and support respiration and control convulsion. Gastric lavage may be undertaken if indicated. Catheterization of bladder may be necessary.

## Storage Condition

Store below 30°C in a dry place. Keep away from light. Keep medicines out of reach of children

## Presentation

**Exponil** : Each box contains PET bottle of 100 ml syrup and a measuring cup.



Manufactured by:  
**Goodman Pharmaceuticals Ltd.**  
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